# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
Name and Address of Reporting Person *  LARGIADER JEFF				2. Issuer Name and Ticker or Trading Symbol PROGRAMMERS PARADISE INC [PROG]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner					
(Last) (First) (Middle) 1157 SHREWSBURY AVENUE					3. Date of Earliest Transaction (Month/Day/Year) 11/06/2003						X Officer (give title below) Other (specify below)  Vice President Marketing						
(Street) SHREWSBURY, NJ 07702				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person  Form filed by More than One Reporting Person							
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu						nired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Exec any			if Code (Instr. 8)		4. Securities Acqu (A) or Disposed o (Instr. 3, 4 and 5)		of (D)	Beneficia Reported	nt of Securities ally Owned Following Transaction(s)		Ownership	Beneficial	
				(Month/Day/Y		rear)		ode	V .	Amour	(A) or (D)	Price	(Instr. 3 a	nd 4)			Ownership (Instr. 4)
Common	Stock		11/06/2003				;	S	:	2,500	D	\$ 6.94	77,500			D	
			Table II -					t	he fo	posed	splays a of, or Bei	curre neficia	ntly valid	OMB con	spond unle trol numbe		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of		3A. Deemed Execution Da	ite, if	4. Transact Code	tion	5.	per ative	6. Dat and E	te Exer	tible secu cisable on Date 'Year)	7. T Am Uno	itle and ount of lerlying urities		9. Number Derivative Securities Beneficially Owned	Owners Form o	f Beneficial

### **Reporting Owners**

			Relationships						
Reporting Owner Name / Address		Director	10% Owner	Officer	Other				
1157 SHI	DER JEFF REWSBURY AVENUE SBURY, NJ 07702			Vice President Marketing					

# **Signatures**

/s/ Jeff Largiader	11/06/2003
**Signature of Reporting Person	Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.