FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

pe Response:	s)													
			2. Issuer Name and Ticker or Trading Symbol PROGRAMMERS PARADISE INC [PROG]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
<i>*</i>	(First) RY AVENUE		3. Date of Earliest Transaction (Month/Day/Year) 04/21/2005					_X	X Officer (give title below) Other (specify below) VP & Gen'l Mgr of Lifeboat					
EDLIDA N	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					_X_	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
	(State)	(Zip)			Ta	able	I - Non-Deriv	vative Securiti	es Acquired	uired. Disposed of, or Beneficially Owned				
ecurity		2. Transaction Date (Month/Day/Year)	r) any		d ate, if	3. Tra Code (Instr	ransaction e (A) or Disposed (Instr. 3, 4 and 5 (A) or		uired 5. Amount of Securities of (D) Owned Following Repo		Securities B ving Reporte	eneficially 6 ed C F I	orm: Be Direct (D) Or Indirect (In)	eneficial wnership
Report on a s	separate line for each		Derivati	ve S	ecuritie	s Acc	Person contain form di	s who responed in this for splays a currosed of, or Ber	rm are not rently valid neficially Ow	required OMB co	to respon	d unless the	SEC 14	74 (9-02)
Derivative Conversion Date Execution Date or Exercise (Month/Day/Year)		any	4. Transaction Code r) (Instr. 8)		5. Number		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			Derivative Securities Beneficially Owned Following Reported	Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Natur of Indirec Beneficia Ownershi (Instr. 4)
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
\$ 12.85	04/21/2005		A		5,000		(1)	04/21/2015	Common Stock	5,000	\$ 0	5,000	D	
	d Address of ON DANI () () () () () () () () () () () () ()	ON DANIEL T (First) REWSBURY AVENUE (Street) SBURY, NJ 07702 (State) ecurity Report on a separate line for each of Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year)	d Address of Reporting Person ON DANIEL T () (First) (Middle) REWSBURY AVENUE (Street) SBURY, NJ 07702 () (State) (Zip) ecurity 2. Transaction Date (Month/Day/Year) Table II - 2. Conversion of Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)	d Address of Reporting Person DN DANIEL T (i) (First) (Middle) (M	d Address of Reporting Person DN DANIEL T (Middle) (Street) (Street) (Street) (State) (State) (Zip) (State) (Zip) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) Table II - Derivative Security 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 3. Date execution Date (Month/Day/Year) Table II - Derivative Security (Month/Day/Year) A Transaction Code (Instr. 8) Code V	Code V (A)	d Address of Reporting Person* 2. Issuer Name and Tick PROGRAMMERS P. (Street) (Street) (Street) (State) (Zip) (Zip) (Zip) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Trable II - Derivative Securities Ac(e.g., puts, calls, warranter) any (Month/Day/Year) 2. Transaction Date (Instr. 8) (Code (Month/Day/Year) (Month/Day/Year)	2. Issuer Name and Ticker or Trading PROGRAMMERS PARADISE	2. Issuer Name and Ticker or Trading Symbol PROGRAMMERS PARADISE INC [PROGRAMMERS PARADISE INC [PROGRAMMERS]]] 3. Date of Earliest Transaction (Month/Day/Year)	Address of Reporting Person DN DANIEL T ON DANIEL T Table II - Non-Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) ON DANIEL T ON	2. Issuer Name and Ticker or Trading Symbol DN DANIEL T 2. Issuer Name and Ticker or Trading Symbol PROGRAMMERS PARADISE INC [PROG] 3. Date of Earliest Transaction (Month/Day/Year) 24. If Amendment, Date Original Filed(Month/Day/Year) 25. Transaction Date (Month/Day/Year) 26. Individual 1	2. Issuer Name and Ticker or Trading Symbol (Chec (PROGRAMMERS PARADISE INC [PROG] 3. Date of Earliest Transaction (Month/Day/Year) (O4/21/2005) 4. If Amendment, Date Original FiledMonth/Day/Year) (State) (State) (State) (Zip) (State) (State) (Zip) (State) (State) (Zip) (State) (A) or Disposed of, (D) (Instr. 3, 4 and 5) (Instr. 3 and 4) (Instr. 3 and 4) (Instr. 3) (Instr. 3 and 4) (Instr. 5) (Instr. 3) (Instr.	2. Issuer Name and Ticker or Trading Symbol PROGRAMMERS PARADISE INC [PROG] 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date Original Filed/Month/Day/Year) 5. Relationship of Reporting Person(s) is (Check all applicable (Check all applicab	2. Issuer Name and Ticker or Trading Symbol PROGRAMMERS PARADISE INC [PROG]

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
JAMIESON DANIEL T 1157 SHREWSBURY AVENUE SHREWSBURY, NJ 07702			VP & Gen'l Mgr of Lifeboat			

Signatures

/s/Daniel T. Jamieson	04/22/2005
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The options granted vested immediately on April 21, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.