FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(D

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Fint of Type Responses)											-	
1. Name and Address of Ro WILLETT WILLIAM	2. Issuer Name and Ticker or Trading Symbol PROGRAMMERS PARADISE INC [PROG]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last)	(First)		3. Date of Earliest Transaction (Month/Day/Year)						X_Officer (give title below) Other (specify below) Chairman			
1157 SHREWSBURY	AVENUE		05/10/2006									
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
SHREWSBURY, NJ	07702							Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1. Title of Security 2. Transaction (Instr. 3) Date (Month/Day/Year)			2A. Deemed Execution Date, if	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Owned Following Reported Transaction(s)	6. Ownership	7. Nature of Indirect	
			any							Form:	Beneficial	
			(Month/Day/Year)						(Instr. 3 and 4)	Direct (D) or Indirect	Ownership (Instr. 4)	
							(A) or			(I)		
				Code	V	Amount	(D)	Price		(Instr. 4)		
Common Stock		05/10/2006		М		4,000	А	\$ 2.13	15,342	D		
Common Stock		05/10/2006		S		5,342	D	\$ 12.98	10,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
	Conversion	Date	Execution Date, if		tion	on of		Expiration Date		of Underlying		Derivative	Derivative	10. Ownership	
	Price of Derivative Security	(Month/Day/Year)	any (Month/Day/Year)	Code (Instr. 8)	Derivative (Month/Day/Year) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				(Instr. 5)	Beneficially Owned Following Reported Transaction(s)	Derivative Security: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Exercisable	Expiration Date	Title	Amount or Number of Shares				
NQ stock option (right to buy)	\$ 2.13	05/10/2006		М		4,000		09/09/2002	09/09/2012	Common Stock	4,000	\$ 0	23,823	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
WILLETT WILLIAM H 1157 SHREWSBURY AVENUE SHREWSBURY, NJ 07702			Chairman					

Signatures

/s/ William H. Willett	05/10/2006	
Signature of Reporting Person	Date	

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.