UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROV	/AL				
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longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person – JAMIESON DANIEL T			2. Issuer Name and Ticker or Trading Symbol PROGRAMMERS PARADISE INC [PROG]						5.	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 1157 SHREWSBURY AVENUE				3. Date of Earliest Transaction (Month/Day/Year) 11/01/2004							X Officer (give title below) Other (specify below) Vice Pres and Gen Mgr-Lifeboat				
(Street) SHREWSBURY, NJ 07702				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu						s Acquire	lired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea) Common Stock 11/01/2004		2A. Deemed Execution Date, i r) any (Month/Day/Year		e, if Code (Inst	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		d	Ownership Form:	7. Nature of Indirect Beneficial Ownership		
			(World Buy) Tour			ode V	Amount (A) or (D)		Price	.,			or Indirect (I) (Instr. 4)		
		11/01/2004			1	М	20,000	$\alpha \alpha $	\$ 20.13	20,000			D		
Common Stock 11/01/2004		11/01/2004				S	20,000		\$ 10.57 0				D		
Reminder:	Report on a s	separate line for eacl	n class of securities b	eneficial	lly owne	d directly	Perse in thi	ons who s form a	are not re	equired to	collection of o respond u number.				1474 (9-02
Reminder:	Report on a s	separate line for each					Perse in thi a cur	ons who s form a rently v	are not re alid OME	equired to 3 control	o respond u number.				1474 (9-02
1. Title of Derivative Security (Instr. 3)	2. Conversion	3. Transaction	Table II - 3A. Deemed Execution Date, if any	- Deriva (e.g., pu 4.	tive Secuts, calls 5. N fin Secution According to the contraction of the contraction o	urities Ao, warran Number Derivative urities quired (A) Disposed D)	Persoin thin thin a cur quired, Dists, options, 6. Date Expiration (Month/D	s form a rently variation sposed of converting cercisable a Date	are not really one of the security and	equired to 3 control ficially Ov	o respond unumber. wned and Amount rlying es	8. Price of		ys	11. Nath
Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II - 3A. Deemed Execution Date, if any	- Deriva : (e.g., pt 4. Transact Code	tive Secuts, calls 5. N fin Secution According to the contraction of the contraction o	urities Ad, warran Number Derivative urities quired (A Disposed D) str. 3, 4,	Persoin thin thin a cur quired, Dists, options, 6. Date Expiration (Month/D	ons who s form a rently vi- sposed of converti- tercisable a Date ay/Year)	are not realled OME	equired to 3 control ficially Ov (ties) 7. Title a of Under Securitie	o respond unumber. wned and Amount rlying es	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following	f 10. Ownersl Form of Derivati Security Direct (I or Indire	11. Na of Indi Benefi Owner (Instr.

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
JAMIESON DANIEL T						
1157 SHREWSBURY AVENUE			Vice Pres and Gen Mgr-Lifeboat			
SHREWSBURY, NJ 07702						

Signatures

/s/ Daniel Jamieson	11/01/2004
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.